



An Adventure in Seeking God...

Do you have a creative inclination? Are you thirsty for God? Do you want to learn how to connect with God creatively? How do you listen to God, hear his voice?

This Spiritual Retreat is for those who want to connect with God. Whether you are an artist or writer or just curious to try something new, we are all able to connect with God creatively. Students will be encouraged to create in the art of their choice -- painting, writing, photography, dance, etc. Instruction for watercolor and drawing will be provided for those who desire it. Coaching for the other painting mediums and writing will also be available. There will be solitude and group time in the schedule.

Spiritual Direction offered during the retreat.

Art: Vocabulary for the Soul Retreat

**4pm Friday, October 2 through
3pm Sunday, October 4, 2020**

Cost:

Early bird special \$375 until Sept 4;
\$435 after Sept 4

Individual rooms. Shared rooms are only for those of the same household.

Limit of 8 people in our group. Social distancing measures will be in place.

Refund Policy: Refunds of all payments except a \$50 deposit available until Sept 11, 2020. No refunds after Sept 11, 2020

Cost covers accommodation in a beautiful location, 2 meals and a snackbar on Saturday, 1 meal with a snackbar on Sunday, and the program. Bring own dinner for Friday night's meal.

Our retreat in June went well with the social distancing protocols that King's Fold had in place. It was lovely to have that space to get out of the city and take that creative time with God together. We look forward to sharing that again with a new group in October to enjoy the fall colors in the Ghost River valley.

**Location: King's Fold Retreat
Centre, near Cochrane, Alberta**

Register Online:
[GrowingDeeper.ca](https://growingdeeper.ca)



Comments from Participants:

"Julie and Sam,

Thank you so much for hosting a lovely, restful weekend at King's Fold. I feel like I did a lot of creating... poetry and journaling and art. Through that, God and I also did a lot of soul work. I really appreciate how you two tie both together so the act of creating becomes an act of worship and an act of healing...For ourselves and others." - M. Bell, Participant

"Julie is a gentle teacher and can help anyone with experience in the arts, or someone who is just beginning to let art into their lives. Julie also writes poetry and songs and uses those as part of the weekend retreat to enhance the creative process. She teaches respectfully, knowing that we all are creative in some form or another, and that it is to God that our creativity is lifted first."

- H. Seargeant, Participant

"Julie led us in learning about art as a language of the heart...We were led into a time of introspection and communing with God, then we expressed ourselves through art. Julie skillfully combined instruction about the skills and techniques of painting with times of heart-felt worship and sharing." - Participant

King's Fold Retreat and Renewal Centre



(King's Fold's Gazebo in the Morning)

Location: about a one hour drive from Calgary, Alberta, 35 kilometers northwest of Cochrane.

The King's Fold staff is passionate about providing a place for people to come and rest and encounter God. Along with the beautiful setting in the Canadian Rockies, King's Fold provides the following "spiritual spaces" and features for its guests:

- Greenhouse/solarium
- Labyrinth
- Library
- Chapel and chapel prayer garden
- "Stations of the Cross" Prayer Walk
- "Emmaus Road" Prayer Walk
- Quiet Spaces
- Excellent meals in the King's Fold Dining Room



About the Retreat Leaders



Julie and Sam Drew live with their family in Edmonton, AB, Canada.

Julie earned a BFA from Pacific Lutheran University in Tacoma, WA, in 1987 and has been painting and teaching art for over 30 years. Julie connects art and faith by writing a

blog, devotionals and songs. She has a Certificate of Spiritual Formation from the Urban Sanctuary.

Sam is a spiritual director and Christian teacher. He has taught and led one day retreats and week-long courses on topics of spiritual formation. Sam has a Master of Divinity and Certificate of Spiritual Direction from North Park Seminary in Chicago, as well as a Certificate of Spiritual Formation from the Urban Sanctuary.

Website: GrowingDeeper.ca
Email: info@growingdeeper.ca



Art and Faith Retreat

October 2-4, 2020



Art: Vocabulary For the Soul at King's Fold Retreat Centre

GrowingDeeper.ca